



RCPI Basic Specialist Training Brochure



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Welcome to the RCSI Group (Beaumont/Connolly hub) for RCPI Basic Specialist Training Brochure. We hope that this brochure will give you a sense of the rich and diverse range of training that we can offer you at this important stage of your career.

The transition from internship to Medical SHO is one of the most daunting but also exciting stages in your career. Every day you will be faced with the prospect of meeting new challenges and making diagnostic and management decisions that you have spent many years before now preparing for. We believe we can support your development as a physician by providing close Consultant contact, regular formal teaching sessions and by giving you exposure to some of the leading clinical and academic specialists in the country each day of your Medical SHO rotation.

Every Consultant in our training scheme is dedicated to ensuring you get the most out of each of the eight posts you rotate through. Each team you work with will incorporate important teaching points to your everyday clinical work on call, on ward rounds and in outpatients. Additionally each department you work in will hold weekly educational meetings designed to highlight to you current evidence-based practice.

Each hospital within this group offers Medical Grand Rounds and each contributes to RCPI BST Core Academic Programme teaching. Educational and administrative support staff are available at Beaumont, Connolly and Drogheda to help with training or educational issues.

Most trainees on our scheme fulfil the mandatory requirement to spend six months outside Dublin without having to move house. The principal hospital on our rotation outside Dublin is Our Lady of Lourdes Hospital, Drogheda which are with commuting distance to Dublin.

Finally, we pride ourselves on the high rate of MRCPI success our trainees achieve. *From 2016 to date we have had a 99% success rate from candidates on our rotation successively gaining their MRCPI.* We can offer you comprehensive membership coaching with MCQ and grey case sessions as well as Consultant provided short and long case bedside tutorials.

Wishing you success on your postgraduate training journey.

INTRODUCTION

ABOUT US

The RCSI Group Hub is based in North Dublin (Beaumont and Connolly Hospitals) and Our Lady of Lourdes Hospital, Drogheda. A number of smaller hospitals in Dublin are also present on our rotations. These include:

Bons Secours Hospital, Glasnevin, Dublin

St. Luke's Hospital, Rathgar, Dublin

National Rehabilitation Hospital, Dun Laoghaire, Co. Dublin

There are currently 88 Medical SHOs on eleven rotations in our hub. Each rotation contains eight posts of three months duration and is accredited by the RCPI. We aim to include as many specialties on our scheme as possible.

The specialties we offer are:

Cardiology	Respiratory Medicine	Clinical Pharmacology
Endocrinology	Neurology	Rheumatology
Nephrology	Dermatology	Geriatric Medicine
Haematology	Oncology	Radiation Oncology
Microbiology	Gastroenterology	Infectious Diseases/HIV
Stroke Medicine	Rehabilitation Medicine	Cystic Fibrosis

Each rotation includes three of the five core specialties stipulated as mandatory by the RCPI, namely three of the following: Cardiology, Respiratory Medicine, Gastroenterology, Endocrinology and Geriatric Medicine.

BST trainees work closely alongside a large number of Specialist Registrars, Lecturers, Clinical tutors, Interns and Consultants. There are almost 100 Consultant Physicians involved in the training of Medical SHOs in our rotation, many of whom hold dual academic roles, positions in postgraduate training bodies or senior leadership and management roles within the Irish health service.

Beaumont Hospital, Dublin



James Connolly Hospital, Blanchardstown

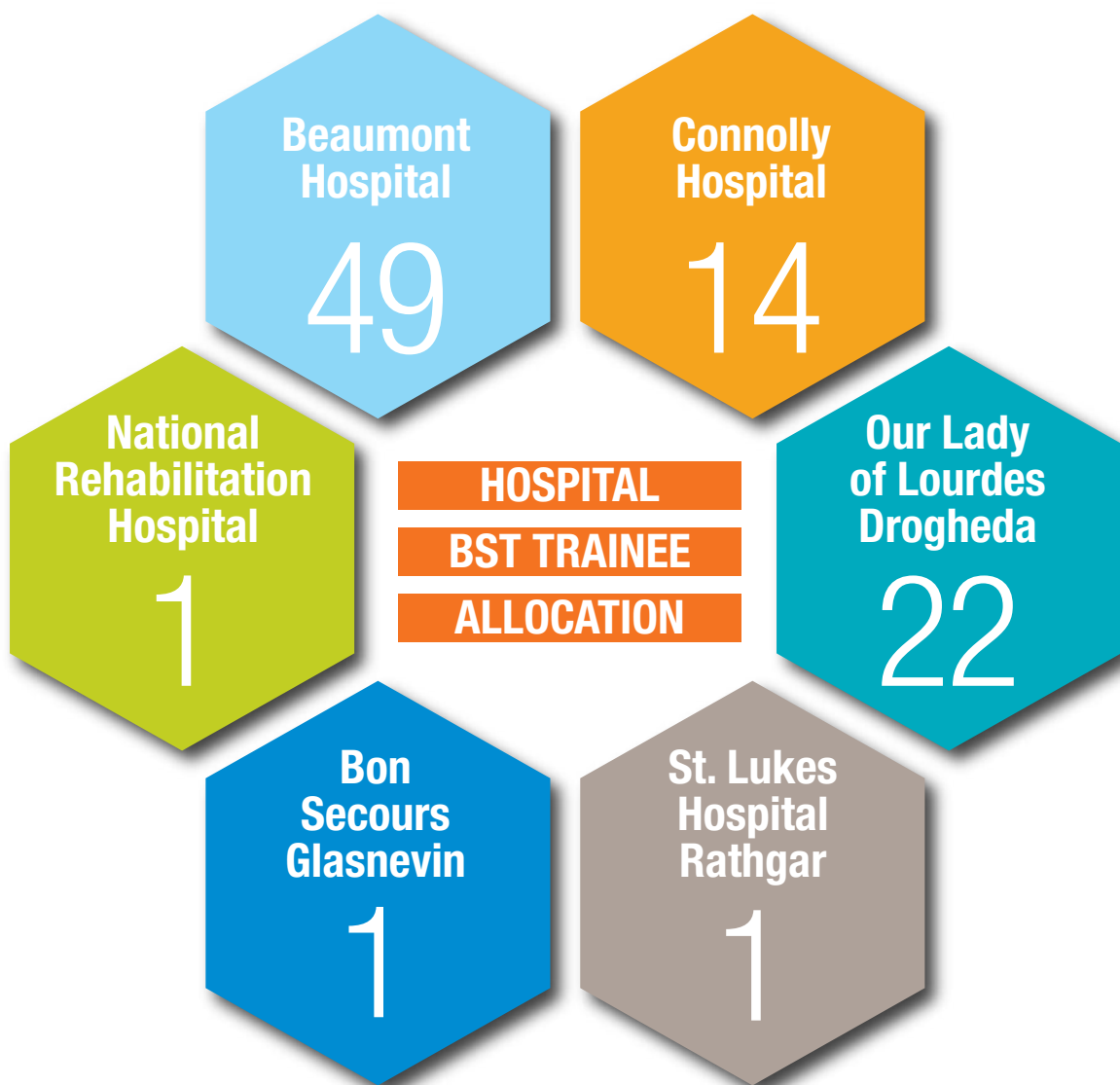


Our Lady of Lourdes, Drogheda



ABOUT US

The SHO allocation to hospitals on our rotation as of July 2019 are:



WHY CHOOSE US?



Why choose the RCSI Group (Beaumont/Connolly hub) for RCPI Basic Specialist Training?

MRCPI teaching

We have a long tradition of supporting MRCPI candidates through each stage of this examination. We provide specialty-by-specialty tutorials for MRCPI candidates with our SPR, Consultant and Clinical Lecturer staff providing first hand advice about how to avoid common pitfalls in this exam. Tactical advice that will allow you to strategically manage this exam is provided with detailed discussion of commonly occurring topics being used to illustrate. Consultant input is especially important in our opinion for the clinical Part III of the exam. We provide the examiner's perspective into what examination techniques mark-out a well prepared candidate from a weaker one and go through the importance of presentation in the exam setting.

36 SHO's on our rotation successively gained their MRCPI in 2019. Prof. Peter Branagan oversees our MRCPI teaching and has many years experience in preparing SHO's for each stage of the MRCPI examination.



Beaumont Hospital BST trainees at the recent MRCPI Graduation in the Royal College of Physicians.



Clinical teaching

The Consultant trainers on our rotation believe in inculcating teaching to everyday clinical practice and this is done not only in the formal settings outlined below but also at the bedside.

Our wide range of regional and national specialties allows trainees on our rotations to gain a rich blend of experience in not only common general medical presentations but also in complex tertiary referral specialties.

Our Clinical teaching includes:

MEDICAL GRAND ROUNDS

Prof. Chris Thompson, Beaumont Hospital



*Dr. Regina McQuillan,
Beaumont Hospital*



Dr. Paul O'Connell, Prof. Chris Thompson and Prof. Peter Conlon with team

MORNING REPORT

Each morning triage of patients admitted through the Emergency Department to the appropriate specialty takes place in our morning report which facilitates specialty care and postgraduate training.

DEPARTMENTAL TEACHING



Dr. Cedric Gunaratnam with team

Each department holds its' individual departmental teaching meetings and multi-disciplinary meetings. Information relating to departmental teaching meetings can be obtained from local postgraduate education staff in each hospital.



Clinical teaching contd...

MONDAY LUNCHTIME SHO TEACHING

Prof. Peter Branagan oversees the Monday lunchtime teaching meeting and the MRCPI Clinical Examination.



Prof. Peter Branagan



Tertiary Speciality Units

Our Tertiary Speciality Units include:

◀ NATIONAL RENAL TRANSPLANTATION UNIT

Beaumont Hospital is the National Centre for Kidney Transplantation in Ireland. BST trainees can gain experience in the clinical decision-making relating to both living donor and cadaveric transplantation services. There is a large renal department overseen by five Consultant Nephrologists and allied clinical specialties including Renal Pathology and Clinical Immunology. Beaumont Hospital also manages the largest number of dialysis patients in Ireland.



Dr. Conall O'Seaghda and Prof. Peter Conlon with team

◀ RESPIRATORY MEDICINE:

We have a large Respiratory Department with a dedicated cystic fibrosis unit. We are the National Centre for Alpha 1 Anti-trypsin deficiency patients. We are a regional referral centre with particular expertise in sleep medicine, respiratory failure and difficult asthma. There are dedicated multi-disciplinary meetings for respiratory patients and a rapid access lung clinic.



Respiratory Consultants: Dr. Killian Hurley, Prof. Gerry McElvaney, Dr. Dorothy Ryan, Dr. Eddy Ferrufino Rivera, Prof. Peter Branagan



Dr Ross Morgan and team provide a regional rapid access multi-disciplinary lung cancer clinic



◀ ENDOCRINOLOGY AND PITUITARY DISEASE UNIT

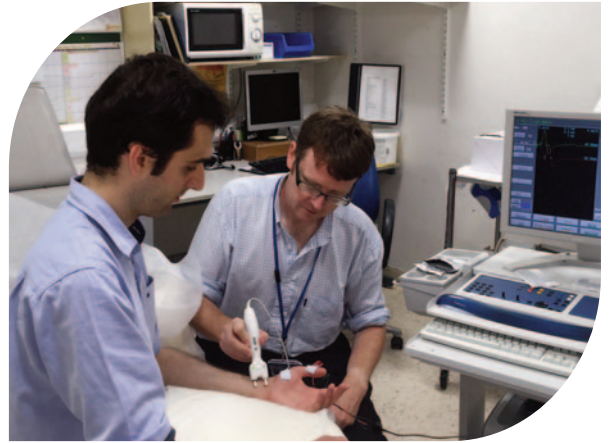
There is a large Endocrinology service in Beaumont and trainees can gain experience in dedicated diabetes and thyroid disease clinics. Of note we offer a de facto National Pituitary Disease service which is closely linked with our Neurosurgery Department.

Prof. Mark Sherlock

WHY CHOOSE US?

◀ **NEUROLOGY:**

We have a large Neurology service, including specialty clinics for Motor Neurone Disease, Multiple Sclerosis, Movement Disorders, Epilepsy and Headache. Beaumont Hospital has Ireland's only Epilepsy Monitoring Unit with 24-hour video-EEG monitoring. Experience gained in Neurology at Beaumont is enriched by exposure to allied specialities including neurophysiology, neuroradiology and neuropathology.



◀ **CANCER:**

We are a dedicated cancer centre (for the north east region of the Republic of Ireland) with specialist rapid access clinics with MDT support for lung cancer, neuro-oncology, bowel cancer and prostate cancer services. We have eight Consultant Physician trainers in Medical and Radiation Oncology, supervising trainees managing cancer care.



*Dr. Orla McArdle and
Dr. Michelle Clinch
in atrium of St. Luke's
Radiation Oncology Building,
Beaumont Hospital*

◀ **GASTROENTEROLOGY AND HEPATOLOGY:**

We have a large Gastroenterology and Hepatology Department providing a regional service for complex inflammatory bowel, liver and biliary disease. We also run one of the busiest diagnostic and interventional endoscopy units in the country providing a national service for endoscopic treatment of early oesophageal cancer and dysplasia and a regional service for other complex interventional endoscopic procedures.



Consultant Gastroenterologist/Hepatologists - Dr. Karen Boland, Dr. Danny Cheriyan, Dr. Aoibhlinn O'Toole and Dr. John Ryan

◀ **NATIONAL THROMBECTOMY CENTRE FOR ACUTE STROKE:**

We offer Ireland's only 24/7 thrombectomy service.



Dr. Karl Boyle and Dr. Barry Moynihan

A monthly multi-disciplinary thrombectomy audit meeting is held to discuss thrombectomy cases from the previous month. This meeting is attended by Stroke Consultants from across Dublin and is hosted by the Interventional Neuroradiologist staff.

◀ **RHEUMATOLOGY:**

We offer regional specialty input to patients with vasculitis.



Dr. Laura Durcan

◀ **TROPICAL MEDICINE, HIV AND INFECTIOUS DISEASE:**

This service is overseen by Professor Sam McConkey, Dr. Eoghan De Barra and Dr. Cora MacNally and is provided to patients across the north east of Ireland. The RCSI Tropical Medicine course is also provided by this Department.



Prof. Sam McConkey, Dr. Cora MacNally and Dr. Eoghan De Barra

WHY CHOOSE US?

◀ **DERMATOLOGY:**

Dermatology services across the RCSI group include busy outpatient clinics in Beaumont, Connolly and OLOLH Drogheda. We see a broad variety of patients with acute and chronic inflammatory diseases, many of whom require treatment with systemic agents and biologics. We are also part of the Regional Skin Cancer Centre, diagnosing and treating skin cancers in both immuno-competent and immuno-compromised hosts, including transplant patients. Surgical excisions are conducted via a busy Day Procedure service. We run a daily inpatient and A&E consultation service, and run weekly journal clubs and teaching sessions.



Dr. Marina O'Kane, Dr. Muireann Roche, Dr. Síona Ni Raghallaigh and team

◀ **CARDIOLOGY:**

All our trainees gain experience at managing common chronic conditions in specialist settings such as **The Heart Protection Unit** (Heart Failure), **Diabetes Day Centre**, **Haematology** and **Oncology Day Units**, **Colman K Byrne Unit** (Neurology), **Infectious Disease/HIV Centre**, **Sleep Laboratory** and **COPD Outreach Centre**.



Dr. Tom Gumbrielle and team in Cardiac Catheterisation Lab

Specialist diagnostic and therapeutic services that also contribute to training include **endoscopy** and endoscopic ultrasound, coronary angiography (2 cardiac catheterisation labs), specialist cardiac device insertion procedures.

Smurfit Building, Beaumont Hospital



WHY CHOOSE US?

Research and Career Progression

We strongly believe our training role extends to helping trainees with career-influencing decisions. We believe in advocating for trainees as they compete for higher specialist training roles and helping those trainees who do not yet have a specific career pathway in mind to identify suitable next steps in their career that will keep open as many future higher training pathways as possible.

We have a large number of Consultants involved in selection of trainees to SPR and other training pathways and we can help you with interview preparation and CV development.

Opportunities for research exist in all specialties at Beaumont and are encouraged by our Consultant trainers. There are a number of basic science research laboratories at the **Smurfit Building, Beaumont Hospital.**

Connolly Hospital has a particularly friendly working environment, and the feel of a smaller hospital. Despite this, there are over 30,000 emergency room attendances per annum, on a par with the busiest Dublin hospitals. As a principal teaching hospital of the Royal College of Surgeons in Ireland, many trainees will have rotated through as students. There is a vibrant, eclectic and young staff.

We have a particularly young consultant body, which is very committed to teaching and mentorship. Each of our consultants is an RCPI trainer and prides him/herself in providing encouragement and learning opportunities on a formal and in-formal basis. The teaching facilities are of a high standard and there are formal lectures, tutorials and journal clubs across the specialities. On-line lectures are also provided.

We are virtually European Working Time Directive compliant and were one of the first Dublin hospitals to develop innovative and flexible working hours. Despite this, clinical medicine and care of the patient is central to what we do and a huge effort is put into bedside, 1:1 teaching whilst on ward rounds.

Research, both clinical and basic, is encouraged and we have an Annual Research Day where our trainees are encouraged to present their data before their peers with an external reviewer judging prizes. We have an excellent track record in getting BST trainees placed on SpR schemes and we encourage, mentor and promote applicants.

Our trainees rotate through the following specialties: Endocrinology, Respiratory, Gastroenterology, Gerontology and Stroke, Rheumatology, Emergency Medicine and Cardiology. Within each rotation, formal and informal teaching is performed. Each sub-specialty holds their own MDTs and journal clubs.

There is a robust schedule of didactic teaching which includes grand rounds each Wednesday lunchtime and SHO teaching at 1pm on Tuesdays. The Tuesday sessions are exclusive to our senior house officers and content is delivered by consultants and senior registrars. We have an excellent first-time pass rate for the membership examinations.

We feel that Connolly Hospital offers a friendly, welcoming and invigorating place to train and gain Basic Specialist Training. Most of our consultants are active on the Irish Committee for Higher Specialist Training and are happy to assist in application to sub-specialities. We look forward to working with you as BST trainees, and hopefully in the near future...Consultant colleagues!

RCSI Hospital Group Beaumont/Connolly/Drogheda/St. Luke's

JULY 2019-2021

ROTATIONS

Rotation A	Respiratory Medicine	(Gunaratnam)
Rotation A	Rheumatology	(O'Connell)
Rotation A	Medical Oncology	(Grogan)
Rotation A	Gastroenterology	(O'Toole)
Rotation A	Geriatric Medicine	(Martin) St. Joseph's Raheny
Rotation A	Radiation Oncology	(McArdle) SLH, Rathgar
Rotation A	Endocrinology	(Ahern) Drogheda
Rotation A	Cardiology	(Keelan) Drogheda

Rotation B	Cardiology	(Gumbrielle)
Rotation B	Endocrinology	(Smith)
Rotation B	Microbiology	(Humphreys)
Rotation B	Medical Oncology	(Breathnach)
Rotation B	Geriatric Medicine	(Donegan) St. Joseph's Raheny
Rotation B	Haematology	(Thornton)
Rotation B	General Internal Medicine	(Basit) Drogheda
Rotation B	Respiratory Medicine	(Counihan) Drogheda

Rotation C	Respiratory Medicine	(Costello)
Rotation C	Neurology	(Healy)
Rotation C	Nephrology	(Denton)
Rotation C	Radiation Oncology	(Faul)
Rotation C	Acute Medicine	(Tun) Connolly
Rotation C	Endocrinology	(Agha)
Rotation C	Gastroenterology	(Keohane) Drogheda
Rotation C	Geriatric Medicine	(Mulroy) Drogheda

Rotation D	Respiratory Medicine	(Branagan)
Rotation D	Gastroenterology	(Patchett)
Rotation D	Rheumatology	(Kearns)
Rotation D	Neurology	(Delanty)
Rotation D	Radiation Oncology	(O'Neill)
Rotation D	Emergency Medicine	(Gilligan)
Rotation D	Cardiology	(Keelan) Drogheda
Rotation D	Endocrinology	(Ahern) Drogheda



CONTACTS

Beaumont Hospital

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Claire McKenna and Lesley McEntee
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SHO training lead:

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Email: mooreteam@beaumont.ie

Connolly Hospital

SHO training lead:

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Our Lady of Lourdes Hospital Drogheda

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